

## Custom Mouth Guard

*Your braces are an important investment, and we want to help you protect that investment!*



When it comes to protecting your braces and your teeth while playing sports, there really is only one viable option -- a custom mouthguard.

**1. The Best Protection** - as an athlete, you have a 33-56% chance of receiving an orofacial injury -- an injury to your mouth or face -- during your playing career. That's particularly true if you play a contact sport.

With approximately 5 million teeth knocked out annually during sports and recreational activities, and a lifetime need for maintenance, appointments and surgeries costing approximately \$6,000 to replace just one tooth, it's highly important that you have the best protection possible.

Both the American Dental Association and the Academy for Sports Dentistry recommend a professionally made, properly-fitted custom mouthguard for all contact and collision sports, as they're more protective. Custom mouthguards are designed to match the exact structure of your individual mouth, making for the most intimate and comfortable fitting mouthguard possible, while outlasting boil-and-bite guards.

**2. The Ultimate Comfort** - Whether you have braces or not, it's essential to make sure your mouthguard stays in the proper position against your upper teeth without needing to bite or clench down to keep it in place. When a mouthguard doesn't fit correctly, there is no guarantee the mouthguard is going to be in place when impact occurs.

While you need to allow room for both tooth movement and your braces, your mouthguard still must fit tightly and securely against your upper teeth.

**3. The Personalized Design** - your mouthguard is designed to fit your teeth and braces. That means your mouthguard must be designed to allow both tooth movement and growth, and enough room for your brackets and wires. The brackets and wires of your braces must have space in the mouth, or else they'll irritate your gums.

Thankfully custom mouthguards don't just have the ability to fit perfectly over braces without inhibiting tooth growth and alignment, they also provide ample room for the brackets to be uncompromised.



And because they have enough room, your orthodontist is able to make adjustments without you needing to get a new mouthguard.

**Braces aren't just a financial investment; they're an investment in your future perfect smile. We want to protect that investment with a custom mouthguard.**