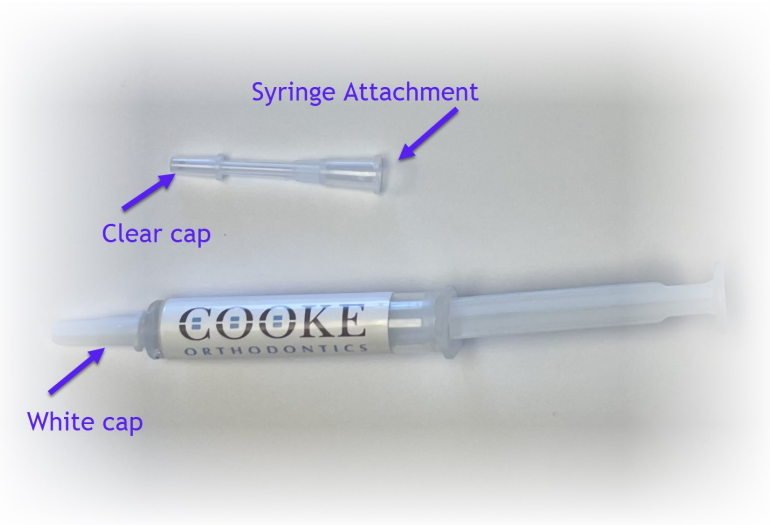
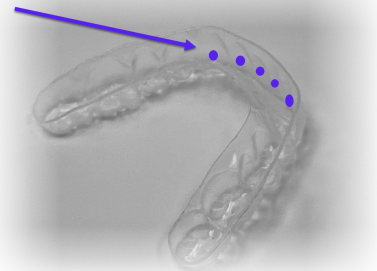


BLEACHING INSTRUCTIONS



1. Brush and floss your teeth before and after each application.
2. Remove the WHITE cap from the syringe & dispose of it.
3. Place syringe attachment on syringe, and remove clear cap.
4. Apply small dots of gel on the front facing inside part of the tray (part closest to lips).

5. Place clear cap back on syringe attachment.
6. Insert the tray and press firmly against the front teeth to ensure the gel spreads and completely coats your teeth.
7. Allow any excess gel to escape + remove excess by using a tissue. This prevents irritation of the gum tissue.
8. Wear tray for 20 min per application (start with 20 minutes and you may increase time up to 60 min if you have no sensitivity).
9. Bleach daily for up to 2 weeks to achieve a brighter smile and once a month to maintain.



OTHER CONSIDERATIONS

- Store syringes in a cool dry place & refrigerate if possible.
- After bleaching avoid citrus fruits and juices since this may cause sensitivity.
- Reduce or eliminate staining products such as coffee, tea, red wine, tobacco, cola, this may cause staining after whitening application.
- Never bleach whiter than the whites in your eyes, teeth will get a gray or blue hue if over bleached.

Please contact us with any questions you may have!