

Tooth Whitening Gel Instructions

Day time use: wear 30 minutes twice a day. Allow a minimum of one hour between each wear time.

Night time use: wear 8 – 10 hours. Allow a minimum of 24 hours between each night time wear.

Instructions:

1. Load tray with whitening gel.



2. Fill with 1 small dot on the front side of each tooth.

2. Position tray over your teeth. Wipe any excess whitening gel off of your gum tissue.



3. Remove tray after prescribed amount of time (see above). Rinse mouth with water twice to remove gel from mouth. Do not swallow water.

CAUTION:

- Keep product away from children.
- Do not use any tooth bleaching product while pregnant or lactating.
- Do not freeze or expose syringes to heat and or sunlight.
- Do not use tobacco product or eat while wearing bleaching trays.
- If irritation (such as redness, swelling, soreness) of the gums or the mouth occurs, discontinue use and consult a dentist.

WARNINGS:

- Store in a cool dry place.
- Keep away from children.
- Not recommended for use by children under the age of 18.
- Avoid contact with eyes.
- Use for periods of longer than 14 days is to be only under the supervision of a dentist.
- Do not swallow the gel and avoid contact of the active surface of the gel with the gums and or saliva.