

BIONATOR

Dr. Cooke recommends a Bionator to improve your overbite by encouraging forward growth of your lower jaw.

It is essential that you wear your appliance **14 hours / day**. The appliance should be removed only for eating, cleaning, contact sports and water sports. When the Bionator is not in your mouth please store it in the container provided.

Upon receiving your Bionator...

- In the first few days it is normal to experience some mild discomfort. Advil (Motrin) will help to alleviate this.
- Initially you will experience a temporary increase in the amount of saliva in your mouth.
- If at first your speech sounds different, practice reading aloud, singing or simply talk to family and friends.
- Clean your Bionator and teeth with a toothbrush and toothpaste after eating and drinking.
- Place your Bionator in a glass of water with a denture cleaner tablet for 15 minutes 1-2 times a week for deep cleaning.



Regular check ups...

Generally, Dr. Cooke will check your Bionator at 6-10 weekly intervals. At these appointments your progress will be monitored and your appliance adjusted as necessary.

Losing your Bionator...

If your Bionator is lost or damaged, please contact us for an appointment as soon as possible to purchase a replacement.

Should you have any questions or concerns please contact us for advice.