

### Carriere Motion Appliance



#### What is the Carriere Motion Class II Correction Appliance?

The Carriere Motion Class II Correction Appliance is used to correct a Class II malocclusion (overbite). It can be used in replacement of, or in addition to, traditional appliances such as Head Gear.

#### How Does the Carriere Motion Class II Correction Appliance Work?

The Carriere Motion Appliance is bonded to your teeth in the first phase of orthodontic treatment. Using specialized rubberbands that you attach to the Carriere Motion Appliance, the teeth move to the desired location.

Once the desired location of the teeth has been achieved, usually within 3 to 5 months, the Carriere Motion Appliance can be removed and the next phase of treatment can begin (usually with bonding braces or delivering aligners).

#### What Are the Benefits of Using the Carriere Motion Class II correction Appliance?

- Shorter treatment time – the appliance is used before braces for faster movement of teeth and less time in braces.
- Elastics early on – elastics are worn in the beginning of treatment when most patients are still enthusiastic about treatment.
- Aesthetically pleasing – the unique design makes the appliance hardly noticeable.
- Normal speech – the quality of your speech is not affected.
- No facial appliance needed – no need for bulky traditional appliances such as headgear that are worn outside the mouth.
- Sleek, low profile design – low profile design and smooth surface makes it comfortable to wear.
- Easy to keep clean – easy to brush and floss your teeth with the appliance on.



#### Instructions:

1. Always wear lower retainer and elastics together. If you wear elastics without lower retainer, you will cause damage to teeth and gums.
2. Always wear elastics on both sides, unless directed otherwise by the doctor.
3. Wear the elastics **at least 22 hours per day**. You should never have them out for more than 30 minutes.
4. First Visit you wear Dr. Cooke's prescribed elastics.
5. If worn correctly, you should develop some spaces between the top front teeth.
6. You will be given two lower retainers, just in case one is lost or broken (which we DO NOT anticipate).
7. If you need more elastics, please call or stop by the office for more.
8. If the lower brace comes off the tooth, stop wearing elastics on both sides and call the office ASAP.